



Inclusion Newsletter

Spring term update

Leechpool Primary School

Spring Term 1
January 2024



We have recently carried out a survey with all pupils on the **Circles of Communication**. These were introduced, not to manage behaviour but more about using the words in the circles to develop emotional discussion and to help pupils self regulate their own feelings and emotions.

This feedback has generally been positive and has included children saying they help identify which feelings they are feeling, some children feel the blue strategies help them calm down and other children have asked for more ideas to help them clam down.

The survey will be shared with all classes and next steps planned for. Classes still feel that their well-being boxes are helping them concentrate in class.

Emma Payne

Children's Mental Health Week

MY VOICE MATTERS!

This year Children's Mental Health Week with the theme "My Voice Matters" falls in the week of the 5th - 11th February.

At Leechpool, we discuss mental health and well-being regularly in assemblies, in PSHE lessons, in Pupil voice meetings. We do not focus on it just for the identified weeks, but look at it at all times.

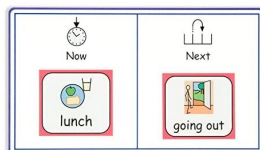
Click [here](#) for family resources,

Parent Workshops from CAMHS

Our colleagues in the Child and Adolescent Mental Health Service (CAMHS) have produced a series of [pre-recorded webinars](#) for parent and carers. The topics cover a range of difficulties that young people may be experiencing.

Each workshop gives an overview of a specific difficulty and also some hints and tips on how young people can be supported. There are also links to some resources that you may find helpful, either while you are waiting for CAMHS treatment, or as an alternative to CAMHS.

We have been looking at ways to support the pupils and make our learning environments more accessible and inclusive. One strategy, used increasingly widely across the school is the use of visuals to support learning and routines. All classes have a visual timetable which adults refer to throughout the day. There is a definite balancing act between providing supportive visuals and not overloading children with too much competing information – and this will be different for each class.



If you would like to use visuals at home with your child, have a look at this website where they are free to download: [Do2Learn: Educational Resources for Special Needs](#)

9 REASONS TO USE VISUALS

- VISUALS ARE PERMANENT (spoken words disappear)
- VISUALS ALLOW TIME FOR LANGUAGE PROCESSING
- VISUALS PREPARE STUDENTS FOR TRANSITIONS
- VISUALS HELP KIDS SEE WHAT YOU MEAN
- VISUALS HELP ALL STUDENTS
- VISUALS HELP BUILD INDEPENDENCE
- VISUALS ARE TRANSFERABLE BETWEEN ENVIRONMENTS AND PEOPLE
- VISUALS HAVE NO ATTITUDE (NO TONE - NO DISAPPROVAL)
- VISUALS HELP REDUCE ANXIETY